



ANUPAM PRAYAAS FOUNDATION

First year Annual Report **2025-26**

*Creating inclusive classrooms today,
Shaping a more empathetic society
tomorrow.*

www.anupamprayaas.org

ABOUT US

Anupam Prayaas Foundation is a non-profit working towards building inclusive and empathetic environments for neurodivergent individuals, especially children.

We believe that understanding differences early in life can transform how society includes and supports neurodivergent individuals.

Through storytelling, school engagement, and inclusive resources, we aim to create classrooms where every child feels understood, accepted, and valued.

VISION

A world where neurodivergent individuals are understood, accepted, and included.

MISSION

To build early awareness and empathy among children by creating opportunities to understand neurodiversity through stories, conversations, and inclusive learning experiences.

FOUNDER'S NOTE

Inclusion does not begin with policies - it begins with understanding.

Over the past year, we have witnessed how small moments of awareness can create meaningful change in classrooms. When children understand differences, they respond with empathy instead of judgment.

This journey has been deeply personal.

Every story shared and every classroom reached reminds us why this work matters.

We are grateful to everyone who has been part of this journey and look forward to building a more inclusive future together.

THE NEED

In India, it is estimated that 1 in 100 children may be on the autism spectrum.

Many of these children grow up in environments where differences are misunderstood and inclusion is not actively practiced.

This often leads to:

- Bullying and exclusion
- Loss of confidence
- Disrupted learning journeys

In some cases, even academically capable children are forced to step away from education due to lack of understanding and support.

OUR APPROACH

We believe that inclusion is built early - when children are given the chance to understand differences.

Our approach focuses on:

- Storytelling based on lived experiences
- Interactive school sessions
- Inclusive storybooks and resources
- Creating safe spaces for conversations

By engaging both students and educators, we aim to create lasting shifts in classroom culture.

PROJECTS & INITIATIVES

Neurodiversity Awareness Sessions

Interactive school sessions that help children understand differences through stories and conversations.

In Practice:

A child shared they finally understood their classmate - turning confusion into empathy.

Inclusive Storybook Kits

Illustrated storybooks based on lived experiences.

- Available in English & Hindi
- Designed for classrooms and libraries
₹1500 = one classroom impacted

In Practice:

Stories continued to spark conversations even after sessions ended.

PROJECTS & INITIATIVES

Talking Fingers Magazine

A platform sharing voices from the neurodiverse community.

In Practice:

Real stories helped children connect with lived experiences.

Animated Stories

Short visual stories that make neurodiversity easy to understand.

In Practice:

Children related better through visuals and storytelling.

Storytelling & Community Initiatives

Creative spaces for expression, sharing, and dialogue.

In Practice:

Stories encouraged children to share and reflect openly.

OUR IMPACT

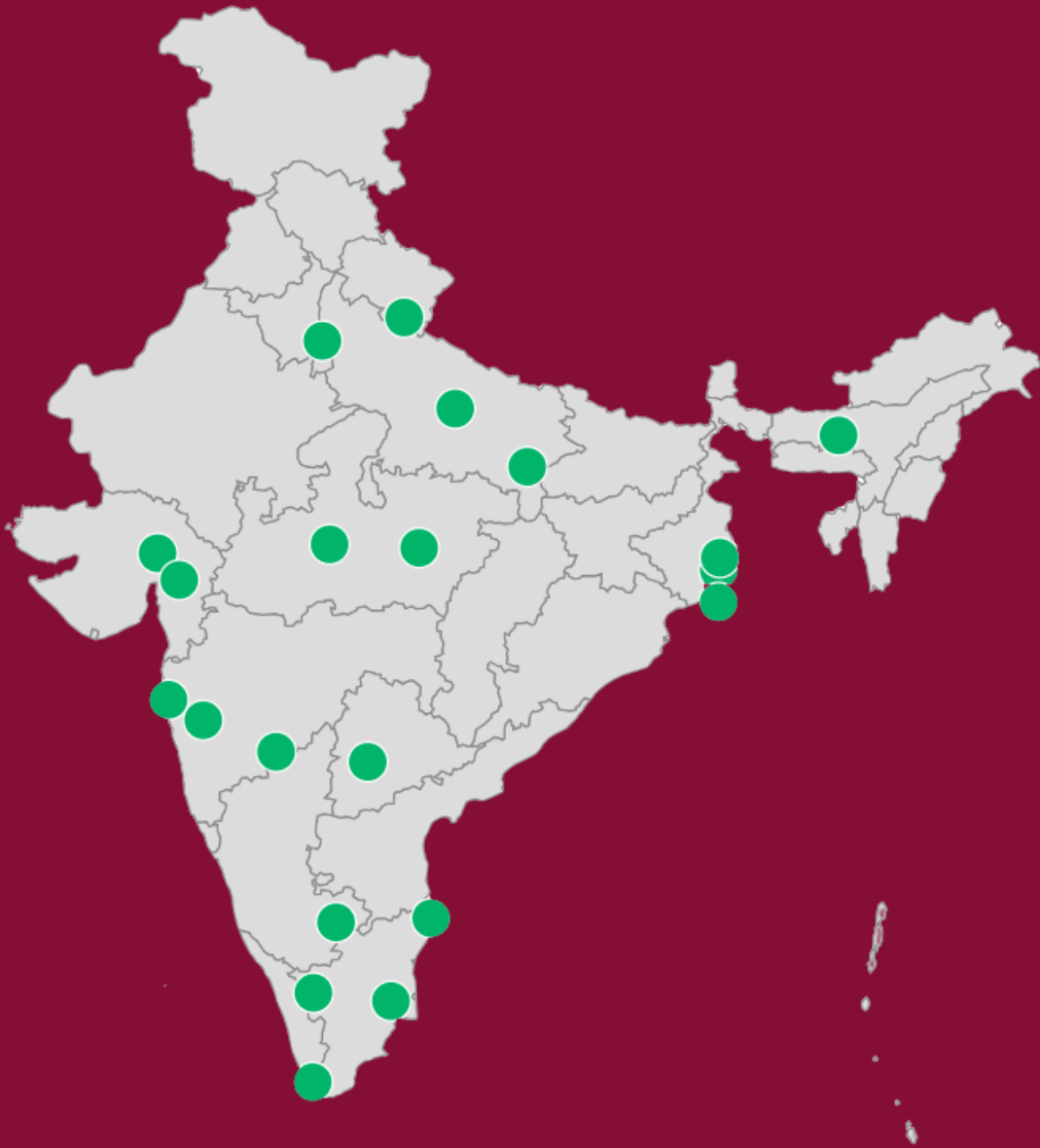
In the past 12 months:

- 40,000+ individuals reached
(including partner collaborations)
- 18,000+ children directly engaged
- 160+ schools received our
storybook kits
- Presence across 20+ cities in India

Each of these numbers represents a step toward more inclusive classrooms.

IMPACT MAP

Reaching classrooms across 20+ cities in India



Inclusion in Action



Mumbai

Hyderabad



Delhi



Chennai

STORIES FROM THE FIELD

A Moment of Understanding

A child shared that they now understood their classmate better after a session. This small shift changed how they interacted every day.

A Missed Opportunity

An academically gifted autistic individual had to leave school due to lack of understanding and bullying. This continues to remind us why early awareness matters.

A Classroom Shift

Teachers observed that students began including everyone more actively after sessions, creating a more supportive environment.

LOOKING AHEAD

- Expanding to more schools and cities
- Increasing access to storybook kits
- Developing regional language content
- Strengthening engagement with educators

GRATITUDE

We thank the educators, children, partners, and supporters who have been part of this journey.

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